

	Time/Day	May 6th	May 7th	May 8th	May 9th	May 10th	May 11th	May 12th
	9:00 AM		YOGA WORKSHOP	YOGA CLASS	YOGA WORKSHOP	YOGA CLASS	YOGA WORKSHOP	FINAL YOGA CEREMONY
	10:00 AM							
	10:15 AM			BRUNCH		BRUNCH		
	11:00 AM							
	11:30 AM							
	12:00 PM		LUNCH		LUNCH		LUNCH	
	1:00 PM		EXPLORE DOWNTOWN		HOT SPRINGS			SHUTTLE TO AIRPORT
	2:00 PM							
	3:00 PM	SHUTTLE TO SAYULITA						
	4:00 PM							
	5:00 PM	OPENING CLASS	GROUP HAPPY HOUR	YOGA CLASS		YOGA CLASS		
	6:00 PM						SUNSET HIKE	
	6:15 PM							
	6:30 PM	DINNER		DINNER		DINNER		
	7:00 PM							