

Kelliann Reginato

Yoga and Pilates Instructor

Sound Bath Facilitator

Guerneville, California | Sonoma County and Wine Country

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yogawithkelliann.com



PROFESSIONAL SUMMARY

I attended my first yoga teacher training in 2012, and since then I have continued to expand my offerings to include group retreat facilitation, corporate wellness experiences, Pilates and sound baths. As an instructor, I strive to make movement accessible and enjoyable for all. I love teaching in new settings and working with mixed-level groups, creating space for people to explore movement, connect with themselves and enjoy practicing together.

TEACHING AND WELLNESS EXPERIENCE

Yoga with Kelliann | Private Instruction and Group Experiences

- Design and lead private yoga, Pilates, fusion classes and sound baths for retreats, weddings, bachelorette weekends, corporate groups and individual clients.
- Coordinate mobile sessions with hosts and venue teams, tailoring class format and bringing mats, props and music equipment to the location.
- Host women's wellness retreats, including retreats at Orr Hot Springs, and teach for visiting retreat groups and local hospitality properties.
- Serve as resident yoga instructor and sound healer at Farmhouse Inn.

Studio and Community Instruction

Teaching experience includes Session, Grace, Montecito Heights, Windsor Fitness Club, Yoga Paradise, Annadel Dance & Fitness, Thrive Yoga, Vibe Yoga, Art & Soul Music School and HYFL. Community and workplace teaching includes Donald E. Long Juvenile Detention Center and recurring office yoga for Russian River Rentals.

Workshop and Teacher Training Assisting

Assisted Ana Forrest workshops in 2024, 2025 and 2026. Teaching assistant for Thrive Yoga and Vibe Yoga teacher trainings in 2016, with additional administrative support for Thrive Yoga's training program.

SELECTED WINERY AND HOSPITALITY COLLABORATIONS

Jordan Winery • Landmark Vineyards • DeLoach Vineyards • Amista Vineyards • Horse & Plow • Farmhouse Inn • Dawn Ranch • The Stavrand • AutoCamp Russian River • Flamingo Resort

TRAINING AND EDUCATION

Mat Pilates Certification | Balanced Body | 2026

Postpartum Doula Certification | DONA | 2025

Prenatal Vinyasa Yoga Certification | Jennifer More | 2017

200 Hour Forrest Yoga Foundation Training | Ana Forrest | 2015

50 Hour Therapeutic Yoga Training | Living Yoga | 2013

200 Hour Vinyasa and 100 Hour Hatha/Bikram Training | HYFL | 2012

Bachelor's Degree in Business Accounting | Sonoma State University | 2008

Additional study includes Forrest Yoga workshops, The Art of Assisting with Pete Guinosso, and Empathy: The Art of Assisting with Cat Allen and Ann Hyde.